



**DHARAMPETH M. P. DEO MEMORIAL SCIENCE COLLEGE,  
NAGPUR**

---

**B. Sc. (Home Science Department) SEMESTER- V**

**Paper II**

**(CARE & WELL BEING IN HUMAN DEVELOPMENT)**

**Unit IV**

Community Resources of Well being

[https://www.youtube.com/watch?v=vQl\\_LKytSnw](https://www.youtube.com/watch?v=vQl_LKytSnw)

Blog with video on Nutritional care for seniors <https://seniority.in/blog/10-important-nutritional-tips-for-seniors>