



**DHARAMPETH M. P. DEO MEMORIAL SCIENCE COLLEGE,
NAGPUR**

B. Sc. (Home Science Department) SEMESTER- V

**Paper I
(DIET THERAPY-I)**

Unit I

Introduction to diet therapy Applications of principles of diet therapy:

<https://www.youtube.com/watch?v=OVM97v-Ysmw>

Unit II

Weight Management: Overweight and Obesity

<https://www.youtube.com/watch?v=uBoQJkNEx-M>

<https://www.youtube.com/watch?v=7H6MzF0wDE>

Unit III

Gastrointestinal disorders

<https://www.youtube.com/watch?v=xogP0x97XUs>

Unit IV

Liver disorders and Gall bladder disorders:

Causes, symptoms and principles of dietary management

<https://www.youtube.com/watch?v=6P2bLBwZoB4>

<https://www.youtube.com/watch?v=4cpiBV1gPRA>