



**DHARAMPETH M. P. DEO MEMORIAL SCIENCE COLLEGE,
NAGPUR**

B. Sc. (Home Science Department) SEMESTER- IV

**Paper I
(NUTRITION FOR LIFE SPAN)**

Unit I

Nutrition during Adolescence

<https://www.youtube.com/watch?v=a-084pqI05U>

Diet planning with reference to special individual requirements

<https://www.youtube.com/watch?v=a-084pqI05U>

Unit II

Nutrition during pregnancy

https://www.youtube.com/watch?v=0BrxCY89_uQ

Unit III

Nutrition during infancy

https://www.youtube.com/watch?v=0BrxCY89_uQ

Unit IV

Nutrition during Adolescence

https://www.youtube.com/watch?v=0BrxCY89_uQ